



RISK ASSESSMENT

TITLE:	Mayfly Walk	DATE OF EVENT:	May 2021
LOCATION:	Riverside Way, St Albans AL2 3TX	COMPLETED BY:	John Pritchard

DESCRIPTION OF TASK
<i>Guided Walk to observe Mayfly around the River Ver.</i>

HAZARD & CONSEQUENCE		CONTROLS	RISK	
HAZARD & POTENTIAL FOR HARM	RATING LOW(1), MEDIUM(2) or HIGH(3)	EXISTING & <i>REQUIRED</i> CONTROLS	LIKELIHOOD OF HARM LOW(1), MEDIUM(2) or HIGH(3)	CONSEQUENCE X LIKELIHOOD
Hazard: - Uneven paths / ground Reasonably Foreseeable Accident: - Trips, slips, falls resulting in minor injury e.g. cuts, grazes, sprains Worst Case Injury: - Musculoskeletal injury e.g. broken bones	LOW (1)	<ul style="list-style-type: none"> Routes avoids significant trip hazards 	LOW (1)	LOW (1)
Hazard: - Traffic Roads. Shaded Lane to negotiate. Reasonably Foreseeable Accident: - Trips, slips, falls resulting in minor injury e.g. cuts, grazes, sprains Worst Case Injury: Musculoskeletal injury e.g. broken bones	LOW (1)	<ul style="list-style-type: none"> Warn participants in advance Encourage torches and high viz clothing Walk leaders to wear high viz Keep group together 	LOW (1)	LOW (1)

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<p>Hazard:</p> <ul style="list-style-type: none"> - Extreme weather conditions <p>Reasonably Foreseeable Accident:</p> <ul style="list-style-type: none"> - Over exposure to sun / rain / wind - mild dehydration or sunburn or getting cold <p>Worst Case Injury:</p> <ul style="list-style-type: none"> - Weather induced illness / injury - heatstroke, hypothermia, head injuries 	LOW (1)	<ul style="list-style-type: none"> • Weather forecast checked one day before event. If extreme, event will be cancelled or altered. • Leader will assess weather on day. If conditions deteriorate, event will be cancelled or altered. • Participants will be pre-advised to wear suitable clothing and bring any food / water necessary. 	LOW (1)	LOW (1)
<p>Hazard:</p> <ul style="list-style-type: none"> - Contaminated water e.g. leptospirosis (weils disease), tentanus, e.coli <p>Reasonably Foreseeable Accident:</p> <ul style="list-style-type: none"> - Ingestion or absorption of dirty water <p>Worst Case Injury: Infection with E.coli, Leptospirosis, tetanus</p>	LOW (1)	<ul style="list-style-type: none"> • Leader to warn group about Leptospirosis – contact GP and alert they have been exposed to river water if they experience flu-like symptoms after event (fever, or feel hot and shivery, headache, nausea, aching muscles & joints, red eyes, loss of appetite) • All cuts to be covered with waterproof dressing • Any cuts received during activity to be cleaned with sterile wipe and covered with waterproof dressing immediately • Clean hands immediately after activity (anti-bac gel provided) and any time before eating / drinking / smoking. • Avoid touching face, mouth, eyes whilst in river and before washing hands after activity. • Polluted water and water with blue-green algae will be avoided. 	LOW (1)	LOW (1)
<p>Hazard: COVID-19</p>	LOW (1)	<ul style="list-style-type: none"> • Reminder of COVID-19 guidelines to be published in advance warning of symptoms, social distancing and personal hygiene 	LOW (1)	LOW (1)

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Reasonably Foreseeable Accident: None Worst Case Injury: Infection with Covid-19		<ul style="list-style-type: none"> Leader to warn group about symptoms, 2m social distancing and personal hygiene 		

EXPLANATION OF RATING SYSTEM			
CONSEQUENCE	LOW(1) – Minor injury requiring no more than First Aid	HIGH(3) – Death or major injury with life changing consequences	MEDIUM(2) – All other injuries
LIKELIHOOD	LOW(1) – Would be extremely surprised if this occurred	HIGH(3) – Could reasonably expect this to occur in the foreseeable future	MEDIUM(2) - Other
RISK	LOW(1), LOW(2)	HIGH(6), HIGH(9)	MEDIUM(3), MEDIUM(4)