



RISK ASSESSMENT

TITLE:	A Walk Through Time	DATE OF EVENT:	July 18th 2021
LOCATION:	Aubreys AL3 7AF to St Michaels AL3 4SW	COMPLETED BY:	John Pritchard

DESCRIPTION OF TASK
<i>A Guided Walk to enjoy the historical landscape between Redbourn and St Albans</i>

HAZARD & CONSEQUENCE		CONTROLS	RISK	
HAZARD & POTENTIAL FOR HARM	RATING LOW(1), MEDIUM(2) or HIGH(3)	EXISTING & <i>REQUIRED</i> CONTROLS	LIKELIHOOD OF HARM LOW(1), MEDIUM(2) or HIGH(3)	CONSEQUENCE X LIKELIHOOD
<p>Hazard:</p> <ul style="list-style-type: none"> - Uneven paths / ground <p>Reasonably Foreseeable Accident:</p> <ul style="list-style-type: none"> - Trips, slips, falls resulting in minor injury e.g. cuts, grazes, sprains <p>Worst Case Injury:</p> <ul style="list-style-type: none"> - Musculoskeletal injury e.g. broken bones 	LOW (1)	<ul style="list-style-type: none"> • Recce carried out June 9th 2021 • Route avoids significant trip hazards 	LOW (1)	LOW (1)
<p>Hazard:</p> <ul style="list-style-type: none"> - Traffic Roads. Short distance on quiet lanes with no footpath to negotiate. <p>Reasonably Foreseeable Accident:</p> <ul style="list-style-type: none"> - Trips, slips, falls resulting in minor injury e.g. cuts, grazes, sprains <p>Worst Case Injury:</p> <ul style="list-style-type: none"> - Musculoskeletal injury e.g. broken bones 	LOW (1)	<ul style="list-style-type: none"> • Warn participants in advance • Walk leaders to wear high viz • Keep group together 	LOW (1)	LOW (1)

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HAZARD & POTENTIAL FOR HARM	RATING LOW(1), MEDIUM(2) or HIGH(3)	EXISTING & <i>REQUIRED</i> CONTROLS	LIKELIHOOD OF HARM LOW(1), MEDIUM(2) or HIGH(3)	CONSEQUENCE X LIKELIHOOD
Hazard: - Extreme weather conditions Reasonably Foreseeable Accident: - Over exposure to sun / rain / wind - mild dehydration or sunburn or getting cold Worst Case Injury: - Weather induced illness / injury - heatstroke, hypothermia, head injuries	LOW (1)	<ul style="list-style-type: none"> Weather forecast checked one day before event. If extreme, event will be cancelled. Participants will be pre-advised to wear suitable clothing and bring any food and water necessary. Participants responsible for their own basic first aid and hand sanitiser 	LOW (1)	LOW (1)
Hazard: COVID-19 Reasonably Foreseeable Accident: None Worst Case Injury: Infection with Covid-19	LOW (1)	<ul style="list-style-type: none"> Group below 30 maximum Personal check of current COVID-19 guidelines Do not attend if you have symptoms Observe social distancing Bring own sanitiser and remember personal hygiene Leader to remind group at the start 	LOW (1)	LOW (1)

EXPLANATION OF RATING SYSTEM			
CONSEQUENCE	LOW(1) – Minor injury requiring no more than First Aid	HIGH(3) – Death or major injury with life changing consequences	MEDIUM(2) – All other injuries
LIKELIHOOD	LOW(1) – Would be extremely surprised if this occurred	HIGH(3) – Could reasonably expect this to occur in the foreseeable future	MEDIUM(2) - Other
RISK	LOW(1), LOW(2)	HIGH(6), HIGH(9)	MEDIUM(3), MEDIUM(4)