### RISK ASSESSMENT

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| **TITLE:** | **Mayfly Walk** | **DATE OF EVENT:** | **May 22nd 2022** |
| **LOCATION:** | **Riverside Way, St Albans AL2 3TX** | **COMPLETED BY:** | **John Pritchard** |

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| **DESCRIPTION OF TASK** |
| ***Guided Walk to observe Mayfly around the River Ver.*** |

| **HAZARD & CONSEQUENCE** | | **CONTROLS** | **RISK** | |
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| **HAZARD & POTENTIAL FOR HARM** | RATINGLOW(1), MEDIUM(2) or HIGH(3) | **EXISTING & *REQUIRED* CONTROLS** | LIKELIHOOD OF HARMLOW(1), MEDIUM(2) or HIGH(3) | **CONSEQUENCE X LIKELIHOOD** |
| **Hazard:**   * Uneven paths / ground   **Reasonably Foreseeable Accident:**   * Trips, slips, falls resulting in minor injury   e.g. cuts, grazes, sprains  **Worst Case Injury:**   * Musculoskeletal injury e.g. broken bones | **LOW (1)** | * Routes avoids significant trip hazards | **LOW (1)** | **LOW (1)** |
| **Hazard:**   * Traffic, Roads. Shaded Lane to negotiate.   **Reasonably Foreseeable Accident:**   * Trips, slips, falls resulting in minor injury   e.g. cuts, grazes, sprains  **Worst Case Injury:**  Musculoskeletal injury e.g. broken bones | **LOW (1)** | * Warn participants in advance * Encourage torches and high viz clothing * Walk leaders to wear high viz * Keep group together | **LOW (1)** | **LOW (1)** |
| **Hazard:**   * Extreme weather conditions   **Reasonably Foreseeable Accident:**   * Over exposure to sun / rain / wind * mild dehydration or sunburn or getting cold   **Worst Case Injury:**   * Weather induced illness / injury * heatstroke, hypothermia, head injuries | **LOW (1)** | * Weather forecast checked one day before event. If extreme, event will be cancelled or altered. * Leader will assess weather on day. If conditions deteriorate, event will be cancelled or altered. * Participants will be pre-advised to wear suitable clothing and bring any food / water necessary. | **LOW (1)** | **LOW (1)** |
| **Hazard:**   * Contaminated water   e.g. leptospirosis (weils disease), tentanus, e.coli  **Reasonably Foreseeable Accident:**   * Ingestion or absorption of dirty water   **Worst Case Injury:**  Infection with E.coli, Leptospirosis, tetanus | **LOW (1)** | * Leader to warn group about Leptospirosis – contact GP and alert they have been exposed to river water if they experience flu-like symptoms after event   (fever, or feel hot and shivery, headache, nausea, aching muscles & joints, red eyes, loss of appetite)   * All cuts to be covered with waterproof dressing * Any cuts received during activity to be cleaned with sterile wipe and covered with waterproof dressing immediately * Clean hands immediately after activity (anti-bac gel provided) and any time before eating / drinking / smoking. * Avoid touching face, mouth, eyes whilst in river and before washing hands after activity. * Polluted water and water with blue-green algae will be avoided. | **LOW (1)** | **LOW (1)** |
| **Hazard:**  COVID-19  **Reasonably Foreseeable Accident:**  **Worst Case Injury:** | **LOW (1)** | * No Govt. restrictions in place |  |  |

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| EXPLANATION OF RATING SYSTEM | | | |
| CONSEQUENCE | LOW(1) – Minor injury requiring no more than First Aid | HIGH(3) – Death or major injury with life changing consequences | MEDIUM(2) – All other injuries |
| **LIKELIHOOD** | LOW(1) – Would be extremely surprised if this occurred | HIGH(3) – Could reasonably expect this to occur in the foreseeable future | MEDIUM(2) - Other |
| **RISK** | LOW(1), L0W(2) | HIGH(6), HIGH(9) | MEDIUM(3), MEDIUM(4) |