### RISK ASSESSMENT

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| **TITLE:** | **Mayfly Walk**  | **DATE OF EVENT:**  | **May 22nd 2022** |
| **LOCATION:** | **Riverside Way, St Albans AL2 3TX** | **COMPLETED BY:** | **John Pritchard** |

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| **DESCRIPTION OF TASK** |
| ***Guided Walk to observe Mayfly around the River Ver.*** |

| **HAZARD & CONSEQUENCE** | **CONTROLS** | **RISK** |
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| **HAZARD & POTENTIAL FOR HARM** | RATINGLOW(1), MEDIUM(2) or HIGH(3) | **EXISTING & *REQUIRED* CONTROLS** | LIKELIHOOD OF HARMLOW(1), MEDIUM(2) or HIGH(3) | **CONSEQUENCE X LIKELIHOOD** |
| **Hazard:** * Uneven paths / ground

**Reasonably Foreseeable Accident:** * Trips, slips, falls resulting in minor injury

e.g. cuts, grazes, sprains**Worst Case Injury:*** Musculoskeletal injury e.g. broken bones
 | **LOW (1)** | * Routes avoids significant trip hazards
 | **LOW (1)** | **LOW (1)** |
| **Hazard:** * Traffic, Roads. Shaded Lane to negotiate.

**Reasonably Foreseeable Accident:** * Trips, slips, falls resulting in minor injury

e.g. cuts, grazes, sprains**Worst Case Injury:**Musculoskeletal injury e.g. broken bones | **LOW (1)** | * Warn participants in advance
* Encourage torches and high viz clothing
* Walk leaders to wear high viz
* Keep group together
 | **LOW (1)** | **LOW (1)** |
| **Hazard:** * Extreme weather conditions

**Reasonably Foreseeable Accident:** * Over exposure to sun / rain / wind
* mild dehydration or sunburn or getting cold

**Worst Case Injury:** * Weather induced illness / injury
* heatstroke, hypothermia, head injuries
 | **LOW (1)** | * Weather forecast checked one day before event. If extreme, event will be cancelled or altered.
* Leader will assess weather on day. If conditions deteriorate, event will be cancelled or altered.
* Participants will be pre-advised to wear suitable clothing and bring any food / water necessary.
 | **LOW (1)** | **LOW (1)** |
| **Hazard:** * Contaminated water

e.g. leptospirosis (weils disease), tentanus, e.coli**Reasonably Foreseeable Accident:** * Ingestion or absorption of dirty water

**Worst Case Injury:** Infection with E.coli, Leptospirosis, tetanus | **LOW (1)** | * Leader to warn group about Leptospirosis – contact GP and alert they have been exposed to river water if they experience flu-like symptoms after event

(fever, or feel hot and shivery, headache, nausea, aching muscles & joints, red eyes, loss of appetite)* All cuts to be covered with waterproof dressing
* Any cuts received during activity to be cleaned with sterile wipe and covered with waterproof dressing immediately
* Clean hands immediately after activity (anti-bac gel provided) and any time before eating / drinking / smoking.
* Avoid touching face, mouth, eyes whilst in river and before washing hands after activity.
* Polluted water and water with blue-green algae will be avoided.
 | **LOW (1)** | **LOW (1)** |
| **Hazard:** COVID-19**Reasonably Foreseeable Accident:** **Worst Case Injury:**  | **LOW (1)** | * No Govt. restrictions in place
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| EXPLANATION OF RATING SYSTEM |
| CONSEQUENCE | LOW(1) – Minor injury requiring no more than First Aid | HIGH(3) – Death or major injury with life changing consequences  | MEDIUM(2) – All other injuries |
| **LIKELIHOOD** | LOW(1) – Would be extremely surprised if this occurred | HIGH(3) – Could reasonably expect this to occur in the foreseeable future | MEDIUM(2) - Other |
| **RISK** | LOW(1), L0W(2) | HIGH(6), HIGH(9)  | MEDIUM(3), MEDIUM(4) |